

Kalamazoo Bicycle Club

Ride Leader Guide

Ride Leader definition:

A Ride Leader is a KBC club member who organizes, conducts and supervises a bike ride on behalf of the club. KBC Ride Leaders have agreed to conduct the rides they lead in accordance with the club's safety policies and the Michigan Motor Vehicle Code as it pertains to bicyclists.

How to Lead a Ride

Verbally set the expectations for the ride to include:

1. The route
2. The distance
3. The pace the group will likely average
4. Drop or no drop ride, if it's no drop make sure the group has enough opportunities to re-assemble and make sure the slowest rider is taken care of.
5. Remind riders they are responsible for tools to repair mechanical problems and flats.
6. Remind riders to follow the rules of the road, riding no more than two abreast and as far to the right as practicable and obeying all traffic signals and signs.
7. All riders must be wearing helmets.

Know what to do in case of an accident;

1. As a ride leader you should take charge should an accident occur.
2. Take care of the immediate danger first; if someone is lying in the road, send other riders up the road to alert oncoming drivers.
3. Call 911 if there is an emergency.
4. Do not attempt to move an injured person unless absolutely necessary.
5. Make sure you or someone stays with the injured party until an ambulance or other responsible party arrives. Get the injured person's contact information.
6. Afterwards, contact the KBC Insurance Coordinator, Terry O'Connor, inscoord@kalamazoobicycleclub.org.

Side notes;

1. As a ride leader you do not have to ride at the front.
2. Encourage any non KBC members to join.
3. Consistently leading a KBC weekly ride will result in a more cohesive and better attended group.
4. Have fun, make the ride an enjoyable event and people will look forward to attending.

